






## What Do We Do?

St. Augustine Parish Center is a non-profit organization that provides necessary assistance to low-income families residing in government housing in City Heights, Covington, KY without regard to race, color, creed or national origin. We are dedicated to raising the quality of life of the residents of City Heights.

## What Can You Do?

Volunteering is good for the Center and good for the volunteer. There are many ways to contribute your time, energy, goods and services, for example through donation of:

-  **Food or Clothing**
-  **Hygiene Products**
-  **Furniture**
-  **Time**
-  **Money**



*Sr. Ellen M. Eckerle, CDP  
Director*

Your tax deductible contribution enables the Center to continue the programs serving the residents of City Heights.

To make a donation or contribute as a volunteer, contact Sr. Ellen at (859) 491-4584.

## West African Symbols



This is a symbol whose meaning is "by God's Grace".



This is a symbol meaning one's commitment to change or transform one's life.



This is a symbol of hope.

## Christian Symbols



The symbol, the triquetra, represents equality (equal arcs), eternity (continuous line) and unity (interweaving lines).



The central Christian symbol of the Cross reflects the truth that Jesus' death & resurrection gives meaning to our life and the hope of eternal life.

## St. Augustine Parish Center

Serving the needs of  
the residents of City Heights



## Our Mission Statement

To be a Christian presence to the people living in City Heights by offering programs that help meet their basic needs and provide various kinds of support through referrals, advocacy, education and spiritual companionship. It is our hope to empower our clients toward greater self-sufficiency and wholeness.

**St. Augustine Parish Center**  
2523 Todd Court  
Covington, KY 41011  
859-491-4584

*Brochures are compliments of:*  
Newforms, Inc. (859) 292-2900  
Susan Fichner: Graphic Designer












"Whatever you do for the least of mine,  
you do for me."

--Matthew 25:40




**You can make a difference!**

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## Programs & Services Available for the Residents of City Heights







-  **Food Bags:** Every Friday, except 1st Friday of the month, beginning at 10:45 a.m.- while supplies last
-  **Diapers and Formula:** while supplies last
-  **Over-the-counter-medication:** for infants and children with fever, colds & coughs
-  **Easter:** baskets and treats
-  **Christmas:** gift giving sign up program
-  **Blood Pressure Monitoring:** for adults
-  **Referrals:** to appropriate agencies
-  **Educational Information:** in relation to health topics, other agency services and available jobs
-  **Clothing:** for the entire family; toys and some household items sold at very reduced prices.
-  **Emotional and Spiritual support**
-  **Weekly Job Listings**

## Programs Available Dependent Upon Circumstances

-  **Emergency Food**
-  **Emergency Rental Assistance (before the (before the 18th of the month)**
-  **Assistance with some furniture in collaboration with St. Vincent DePaul and private donations.**








## Currently by Appointment Only

Education available on topics of:



-  **Budgeting**
-  **Parenting**
-  **Stress Relief**
-  **Grief**
-  **Diet/Exercise**
-  **Meal Planning**

## Our Wish List

Contributions to support a video library of educational videos on topics of:

-  **Drug Abuse Prevention**
-  **Self Esteem**
-  **Domestic Violence**
-  **Parenting Skills**
-  **Stress Relief**
-  **Budgeting/Money Management**
-  **Responsible Decision Making**
-  **First Aid/Health**

Other Contributions:

-  **Furniture, Toys, Household Items**
-  **Time and Talent from Volunteers**

St. Augustine Parish Center has been helping people in City Heights for over ten years. The Center is making a difference in the quality of life for the entire community. The Center is funded by contributions and support of time and talents of volunteers and people like you.

“God gave us two hands so that with one we may receive from Him, and with the other we may give to others.”

--Fr. Anthony Coniaris

**You can make a difference!**

“It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving.”

--Mother Teresa